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Help!

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HELP!

I'm a chameleon, always changeable, rearrangeable,
Adapting to everyone I meet.

My own opinion on any subject

Will flee before the slightest bit of heat.

With my husband's boss, I am a model of society,

At a woman's club, the soul of propriety.

In my house my mother-in-law sees not a single speck of dirt.

My husband is the first to say his wife would never flirt.

My children know the taste of homemade bread.

I need help for my head.